



# **Bear Grylls 2013**

(No bears were injured in the naming of this café)

Drinks (for all people at Shenington 24hr Race)

If you provide your cup we will fill it for **FREE**. A help yourself service all weekend. Ask for a cup and we will charge you 30pence a drink. Please be aware this will not be available during busy periods. Tea, Coffee and Squash only.

## **Friday Supper 9.00pm till 11.00pm**

Pasta Bolognese                      £3.00

## **Saturday and Sunday Breakfast 8.00pm till 10.00am**

Full English Breakfast	£4.00	(bacon, egg, mushroom, sausage, beans, tomatoes,)
Bacon Batch	£2.00	with Egg £2.30
Sausage Batch	£2.00	with Egg £2.30
Toasted Sandwich	£1.50	

## **Saturday Lunch 12.00noon till 2.00pm**

Selection of Sandwiches / Rolls and a piece of fruit. £3.00

## **Saturday Evening meal 6.00pm till 8.00pm**

Chilli Con Carni	}	with Rice or Jacket or Pasta or Salad £4.00 per portion.
Chicken Curry		
Lasagne		

Pulled Pork with BBQ sauce and spiced coleslaw £2.00

Vegetarian options will be available.

**Saturday Supper 9.30pm till 11.00pm**

Pulled pork with BBQ sauce and spiced coleslaw £2.00

Hot Dog £2.00

Burger £2.00 with cheese £2.20

Filled Roll / Sandwich £1.50 Ham / Cheese / Tuna

Toasted sandwiches £1.50 Ham / Cheese

A range of puddings will be available served with cream or not. These are not part of the meal deal and cost £1.00 per portion.

A range of Snacks, Cakes, Biscuits, Filled rolls, Fresh Fruit and Sweets will be available all weekend. Including overnight.

We can feed you and your team for the weekend. Our **MEAL DEAL** for **£11.00** per person.

This will include Friday Supper. Breakfast, Lunch, Tea and Supper on Saturday and Breakfast Sunday morning, and all drinks (not cans).

Estimated numbers in advance would be appreciated any Special dietary requirement will be needed in advance.

This year we will not have cooking facilities available between 11.00pm Saturday and 7.00am Sunday. This is due to the 24hr service not being utilized over the last few years. However drink facilities will be available when the kitchen is closed for food. To book or if you have any question please email Tony on [tony.marsella@sky.com](mailto:tony.marsella@sky.com) 07813 522168. There will be no reduction on the meal deal if you miss any part of the deal.

Please be aware the cafe is run and organised by Scout Leaders. We are not professional Caterers, however this is the fifth year that we have been asked to provided the cafe at Shenington. All our profits go toward the Scout Troop & Explorer Unit's next camp and our Scouts will be helping us out over the weekend. Although we are as professional as we can, all of the above is subject to change due to the availability of produce. Please be patient at busy times.

The Scouts will also provide a full tuck shop over the whole weekend that includes ice creams and cans of drink.

If you have young people with very difficult dietary needs please talk to us and we will try and arrange specific meals for them.

Many thanks